

All Females Have To Have Beauty!

Build Yourself up with the right frame of Mind.

Physical-Self must all be looked after.

Eat well.

The right food.

The right drink.

Once you do this, the inner system is able to build the body to the right framework.

Once you start taking the right food the Energy will go to the right place.

All females have to have beauty.

Even in Hindu religion, wives shown as very beautiful.

Big figures, especially their breasts are shown as big not for sexual appeal.

No.

Breasts indicate positive and negative attitude.

Also indicates that everything in this world is positive and negative.

Good, bad, opposites always there.

That is why a child is fed first on one breast, then another so it fills its stomach with both qualities.

As many sayings go, 'Beauty is skin deep.'

Wrong.

If the Mind and the heart are beautiful; then you are beautiful; your body is beautiful.

If your Mind tells your body: 'XYZ, you should look beautiful'.

It will absorb the right things and know where to store the right things.

It will bring beauty to your face and to your body.

Notes:

Soul's Questions To Yourself:

1. *How many times did you read 'Wisdom 1'?*

1 2 3 4 5 6 7 8 9

2. *Did you understand every sentence and paragraph?*

a) Yes b) No c) Maybe

3. *What are the main points of interest for you in 'Wisdom 1'?*

4. *Putting all the key points together, have you understood 'Wisdom 1'?*

5. *What did you understand in 'Wisdom 1'? Write in a few words!*
